

Lantern Of Madison

Assisted Living & Memory Care



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Message from CEO

Every one of us begins to age the day we are born. Aging is unavoidable; however, certain facets of aging may be negotiated or delayed by engaging in a life style that stimulates and facilitates healthy aging. I believe that age shouldn't stop one from enjoying and living one's life to their fullest. Old age should never prevent us from living our life the way we always did. Everything we do at the Lantern revolves around our client's needs and their preferences. We try to care and serve the way they desire and prefer.

My staff and I believe that excellence in hospitality and care is a culture rather than a standard or an expectation. Our elderly clients have worked and toiled all their lives and we believe that it is time for them to kick back, relax and have time of their life. It is our responsibility to create an environment and a life style that enables our elderly clients to live a life filled with quality and dignity. We strongly believe that we are our client's voice and advocates.

Thank you for giving my staff and me an opportunity to be a small part in your life. It is truly an honor and a privilege that you have chosen us to care for you. We appreciate the trust and the faith you have instilled upon my staff and me to serve you and your family.

My staff and I are very glad that you have chosen Lantern Of Madison as your new home.

Welcome to Lantern Of Madison!!

Always at your service,

Jean Makesh, CEO
Lantern Of Madison





Mission

Our mission is to facilitate healthy living. Provide superior services consistent with the needs of the elderly, offer an environment that will support their personal needs and create an atmosphere that will stimulate creativity and enhance performance to their maximum potential. We are committed to provide a desired place that will physically, mentally and emotionally satisfy the seniors.

“Home, where the right to good quality of living is every human’s birthright.”

Lantern of Madison differentiates itself and stands apart from other facilities because of its unique offering- **Fountain Of Life**. Two offerings titled “**Brain Power**” and “**Svayus**” are the centerfold of Fountain of Life program. This state of the art program is offered for the first time in the country. This program was created and designed after extensive research. These offerings are client and family based. These two offerings are designed to facilitate and promote healthy aging. These programs focus on activities and behaviors that will integrate client and family to increase life expectancy. Science has proved over and over again that activity to the brain, mind and body facilitates and promotes a healthy aging process.

*“We are all so fortunate that we are so well taken care.
I love living at the Lantern of Madison.” - Walter*

The client's overall function can be improved and sustained by repetitive performance in the following developmental skills.

The physical activity concept

- Walking
- Balance : Falls prevention
- Range of motion: Active and Passive
- Transfer

Daily living concept

- Feeding
- Grooming/Dressing/Bathing/Toilet hygiene.
- Home management that includes light cooking and basic money management
- Environmental adaptations
- Hydration and Continence boost

Brain activity concept

- Cognition and perception

Benefits of these programs:

- Restore function to maximum self-sufficiency
- Restore abilities to level that allow the resident to function with fewer supports.

"I'm glad I came here. Everyone is so nice to me. I enjoy dancing, playing games, movies, and to keep entertained. I keep busy. My sister is the only family I have around, so it's nice to have friends who are here and nice to me."

- Evelyn



FOUNTAIN OF LIFE – BRAIN POWER

These programs are proven successful in strengthening musculoskeletal, cardiovascular, integumentary, respiratory, genitourinary, gastrointestinal and central nervous system. Thus alleviating pain and soreness associated with aging.

Happiness comes from discovering who God made us to be, discovering the power he has given us, and putting that power to work for the overall benefit of others.



Svayus is an exclusive function relevant therapeutic care model based on the theories of perception in action, retro genesis, progressive lowered stress threshold, person environment occupation (PEO) and basic ability to function (BATF). The objective of Svayus is to enable our clients to function at their best ability.

A Svayus activity program is based on seven basic skill sets that are essential to maintain and facilitate over all functions- Social emotional activities, large motor skills, small motor activities, visual activities, reasoning activities, listening and language activities. Svayus uses all five traditionally recognized five human senses of sight (ophthalmoception), hearing (audioception), taste (gustaoception), smell (olfacoception or olfacception), and touch (tactioception) to constitute, modify and direct human's behavior, attitude and posture.

People are not with us to quietly fade from the society, but come to us to live a dignified life. We know that the human spirit glows until we take our last breath. Central to our mission is connecting our people with the natural elements that they are exposed and familiar with since birth and ensuring a structured routine life filled with positive meaningful stimulations from their immediate surrounding environment. Decline is hastened when we stop nurturing the human spirit through meaningful connection.

FOUNTAIN OF LIFE - SVAYUS

Svayus is more than just a program; it is a life style that facilitates positive interactions and direct contact with simulated nature to increase mental health, psychological and spiritual development.

"Memories of yesterday to function today"

"I've lived here more than 9 years, and I like it so much. My kids previewed for me, and I was afraid of leaving my home, I lived alone and thought it would be wonderful to have people help me out for a change. I was pretty much alone until I came here and made friends." - Eunice



A truly holistic well-being therapeutic program at Lantern of Madison facilitates client's ability to acclimatize and adjust to live independently, healthily and safely. The focal point is to expand our client's physical, mental, and psychosocial functioning. We offer a wide range of holistic therapies, including exercise, aerobics and therapeutic massage.

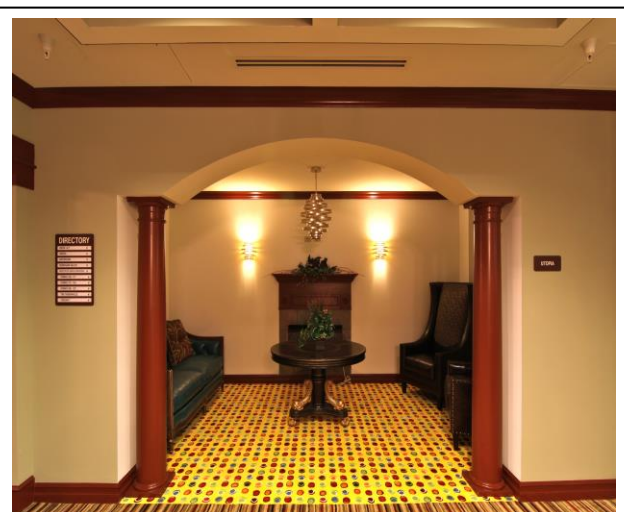
FOUNTAIN OF LIFE - THERAPEUTIC PROGRAM

The programs are designed to prevent secondary infections, increase level of independence, facilitate partial or full restoring function, develop untapped resources, enhance underutilized abilities and improve self-image and self-esteem



Want to entertain or like to be entertained- Snuggled into a soft seat with buttery popcorn in your lap and a sound system that feels like its channeled directly into your temporal lobe, you'll come out feeling like you had a good time.

Capture and reveal the personal beauty of our every elderly client. Treating it with sensibility and care in our very own utopic salon –Debonair. A work of art!



Decidedly unfashionable- A fusion of Victorian, Medieval and Asian ultra-lounge. Quite simply a retreat, in an un-modern glory.

AMENITIES

Would you believe, a balanced nutritious consumption of food would reduce or eliminate the need for medications?

Lantern Of Madison offers programs and seminars, which teaches you about such things that may be lurking in your body and how you can free your system of these menaces.



Many people would like to believe that as long as they take their vitamins and supplements they could keep eating “bad” foods that they love. However you cannot rely on diet, supplements, or exercise alone to keep you healthy. All three of them are essential.

Proper diet can dramatically improve the lives of people with heart disease, kidney disease and diabetes. But most folks don’t know how to make the diet changes they need. Well, at Lantern of Madison we have a licensed nutritionist who offers a nutrition plan based on the desires and the health condition of the residents. Understanding that your quality of life is determined by your daily choices, you have the power to improve your health and well-being quickly and dramatically.

Research has proved that most individuals who can balance their glucose level and other nutritional intake in the normal range through proper diet will suffer less medical consequences which includes but not limited to heart disease, blindness, peripheral nerve damage, foot problems, problems with circulation and their kidneys.

Also, it is very important how well and regularly your body’s waste products are eliminated. Toxins accumulated in the nervous system can make us feel irritable and depressed, weak, bloated, make our breath foul, they may cause rashes and blotches or make us look pale and our skin appear wrinkly. If the toxins make it to the glands, we feel fatigued, lethargic and we appear to look much older than our actual age.

NUTRITION

Education programs and Seminars.

We offer a wide range of holistic therapies, including exercise, aerobics and therapeutic massage. We also have a full service salon with services such as manicures, pedicures, facials and much more. These programs and activities are carried out and supervised by qualified personnel.



"I've been here for nine years, and I like it very much. Jean (the owner) is fantastic. I could live anywhere I wanted. My daughters found this place, and loved it right away! I thank God every day for my family. My room is perfect sized for my needs, everything is within arm's reach, I tend to fall or lose my balance. I am very comfortable, this is my home away from home." - Betty



SALON & MASSAGE

We are committed to provide a safe and comfortable environment that fosters fun and healthy living.

Comparison Sheet
Lantern of Madison vs. other facility

	Lantern	Other facility
<u>Services and Amenities</u>		
One bed room and two bed room spacious Suites w/ microwave & refrigerator and fire place, access to smart TV connection, Wi-Fi access and an garden level fireplace	✓	
Three Balanced Nutritious Meals and 24hr Bistro(included in monthly rate)	✓	Only 3 meals
Activities - 7 days a week, evening activities (Included in monthly rate)	✓	
24 hour Caregivers (Included in monthly rate)	✓	✓
L.P.N. on site 7 days/week (Included in monthly rate)	✓	May be
L.P.N. on-site 24 hours day/7 days week (Included in monthly rate)	✓	May be
Lab/X-ray/Podiatry services available on-site	✓	May be
In house Psychologist, Psychiatrist, Nurse Practitioner, Visiting Physicians	✓	
Transportation Service	✓	✓
Onsite physical/Occupational/Speech therapy	✓	✓
State of the art staff call system and motion sensor(Svayus and Garden level Assisted Living)	✓	
Routine physicals	✓	
Laundry/Housekeeping (included in monthly rate)- Provided more than once a week for no extra charge	✓	
Nursing Assistance with medications	✓	
24x7 surveillance monitoring with 54 close circuit security cameras	✓	
Beauty Salon on-site- State of the art	✓	
Restorative Services	✓	✓
Hydration Program	✓	
Owner on site	✓	
Wireless network	✓	
Hospitality par excellence program	✓	
Gift Shop- Can buy depends and other medical supplies for wholesale if available	✓	
All inclusive rate, based on a level of care schedule, No Ala Carte, No hidden fees	✓	
Resident free to use Pharmacy of choice	✓	✓
Residents free to use Physicians of choice	✓	✓
Pets	✓	✓
Courtyard	✓	✓
Church service- Sunday and Wednesday	✓	
Holiday parties such as Family Easter Brunch, Family Christmas party etc.	✓	
In-house maintenance staff 7 days a week	✓	✓

Comparison sheet Lantern of Madison vs. other facility		
	Lantern	Other facility
<u>Services and Amenities (Continued.)</u>		
Movie Theater	✓	
Complimentary Ball room for private parties for families and friends	✓	
Complimentary Hospitality suite for visiting families with complimentary meals	✓	
Complimentary resident/family thanksgiving dinner	✓	
Complimentary Special resident holiday parties- Mother's day, Father's day,	✓	
Green space and walking/jogging track	✓	
Ongoing staff education	✓	
Happy hour for families once a month	✓	
<u>Payment Options</u>		
Continue to stay after money spent down(After 3 years of private pay)	✓	
Accept VA insurance	✓	✓
Accept Private insurance	✓	✓
<u>Regulatory Compliance</u>		
Deficiency free Ohio department of health survey	✓	
Only Medicaid waiver, 5 star facility in Lake County	✓	
<u>Programs</u>		
Therapeutic care model	✓	
Svayus- Alzheimer/ dementia care program- First time in the country	✓	
State of the art, cutting edge programs such as Neuro-cognitive screening, Cognitive remediation therapy	✓	
Monthly lobe-trotters support program for families and friends	✓	
Holistic approach- Aroma therapy and food therapy	✓	
Scheduled periodic resident and family care conference	✓	
Ongoing family education via Facebook	✓	
Resident bus tours to local theaters and shows	✓	
Client need driven facility	✓	
Hospitality par excellence program	✓	
Massage Therapy (Included in monthly rate)	✓	

What is Lantern of Madison?

Lantern of Madison is a life style community for the elderly. Lantern of Madison has an assisted living unit and a state of the art memory care unit- Svayus. We believe that a life filled with quality and dignity is every human's basic right. Lantern of Madison strives to offer an environment that stimulates and facilitates healthy ageing.

Who lives at Lantern of Madison?

Anyone 55 or older.

Do insurance plans assist with paying for living in an assisted living?

Many insurance carriers have a long-term provision that does pay for room and board in an assisted living. We will assist you in determining if this is in your plan. Medicare does not cover assisted living specifically, but will continue to pay the direct medical coverage of residents, such as doctor's visits, qualifying hospital stays and therapies.

What services are included in my monthly rate?

A spacious residential suite which includes: microwave (only AL), refrigerator and all utilities including self-controlled heat and air conditioning, electricity, trash removal, emergency pendant call system. Also included are: chef prepared three meals a day, access to snacks and drinks 24/7, happy hour, activity programs, body massage, exercise program, housekeeping, laundry services, some transportation, access to beauty salon and access to entertainment room. All the clients in the assisted living section will have access to our Fountain of Life activity program and all the clients with dementia/Alzheimer's disease will have access to our state of the art Svayus activity program. Staff is available 24 hours a day, seven days a week in the facility.

Are the suites furnished?

They do come with microwave (Only AL), refrigerator, armoire (Some suites), round table (Some suites) and chair (some suites), rocking chair, telephone and cable connection, carpets and blinds. However, you will have to furnish your own suite.

What additional cost?

A resident needs to arrange for his or her own individual phone service, high speed internet connection for a small fee, and transportation. Guest is always welcome to join us for meals, but there is a nominal fee.

What other amenity does Lantern of Madison Offer?

Lantern offers the state of the art program called Fountain of Life; this is a holistic program covering the physical, mental and emotional aspects of aging and symptoms associated with aging. This program strives to alleviate all symptoms caused due to aging. Also, Lantern has a wonderful entertainment/activities room designed for all ages. We offer weekly movies, games and activities to promote creativity. The resident has his/her total independence to choose to participate. We also have a 24-hour snack room. A community room is also available for large functions.

Are therapies available at the Lantern of Madison?

Lantern offers Speech, Occupational and Physical therapy. We also believe in the activity concept, which includes other activities and programs. Please see enclosed inserts on specialized programs and the nutrition program for more details.

What if my spouse wants to move in with me?

We offer large deluxe suites and two bedroom apartments for husband and wife. The deluxe suite and two bedroom apartments are also available for siblings and friends who would like to share.

How will I continue to enjoy my activities with the theatre, museums, shopping and other activities?

Lantern plan outings and will assist with transportation whenever possible. Trips and excursion include shopping and eating.

Am I a candidate for Lantern of Madison?**Are you not cooking or eating the way you used to?**

Lantern of Madison offers 3 healthy meals a day plus snacks. It is a proven fact that people eat healthier in a group than they do by themselves. Frequently, seniors simply forget to eat when they are alone.

Are you not able to clean and organize the way you want to?

At Lantern of Madison you do not have to worry about cleaning or doing your laundry; all of that is taken care of for you.

Do you find yourself staying home, feeling isolated and lonely?

At Lantern of Madison, you will get assistance with bathing, dressing, and housekeeping. Provide you with exercise classes, walking club, cocktail parties and much more to keep you involved in your community. Perhaps most importantly, it gives you the chance to make lasting friendships.

Do you forget to take your medications?

Forgetting to take prescribed medications or taking them at the wrong time or dosage is a primary reason for hospitalizations. At Lantern of Madison, you never have to worry about missing your medication or taking the wrong dosage. This is all taken care of by trained medical staff.

Do you fear falling, or have you fallen recently?

Falls can happen anywhere, but at Lantern of Madison you are not doing many of the things that cause you to fall, such as climbing stairs, lawn care, shoveling snow, etc.

Do you have difficulty bathing and dressing?

Lantern of Madison has caring, trained staff to assist you with activities such as reaching to tie shoes or buttoning tiny buttons on shirts or sweaters, as well as bathing and showering.

How will my life change if I become a resident of Lantern of Madison?

It will and it won't. You will continue doing the things you enjoy in a familiar neighborhood with interesting friends, except you and your loved ones won't be worrying about your daily living activities.

You'll have a perfect balance: the independence you want and the care you need. This will leave you more time to concentrate on life's special people and pleasures. So it really depends on how you look at it - your life may change for the better, but the best parts won't change at all.

Are you depressed and in need of socialization?

We all need to be involved with other people and with things that stimulate us. Lantern of Madison is not a nursing home or a hotel accommodation rather it is your home, a place where you can be as active as you want to be yet have amenities and services that enable you to live your life with the independence and dignity you deserve.

What floor plans are available?

Lantern offers floor plans that are, variety of shapes, sizes and layouts. The floor plans include studio suites, one bedroom apartments with fire place, and two bedrooms, two bathroom apartments. All have considerable floor space and large sunny windows, ample closet space and private bathroom with shower and handrails.

What types of meals are served?

Delicious healthy meals are prepared and served three times daily. A nutritionist/dietician designs menus based on client's health conditions and needs. A variety of hearty entrees, fresh fruits, vegetables and baked goods await you at every meal. Breakfast is served cook to order so you may choose just how much of each item you like. We want to give you the kind of meals you like. There is a specific menu for lunch and dinner. If the client desires a specific meal, the chef/cook will be more than happy to accommodate the client's preference.

May guests dine with me?

We encourage you to invite guests to share a meal with you. All you need to do is make a reservation so we may plan accordingly. Moderate charges for guest meals will be added to your next month's statement.

Are cable television hookups available?

Yes. Cable jacks are provided in each suite. Basic expandable cable is available.

May I have my own telephone?

Connection to telephone is provided in all living suites. Our staff will be happy to set up and supervise all installation appointments. Telephone installation, service and call charges are billed to you separately.

Is there a ball room available for private parties?

Yes. The ball room is available for private parties for no charge. Reservations are required. Please contact the activities department for more details.

Is there a movie theater available for private screening of movies and can I watch movies with my family?

Yes. The movie theater is available for private parties and private screening. Reservations are required. Please contact the activities department for more details.

What about laundry?

Lantern provides weekly laundry service for towels, linen and your personal laundry.

If I want to drive my own car, is there parking?

For those who own and drive a car, a parking space will be provided.

What if my family wants to visit?

That's wonderful! Special events for you and your family are always welcome and we can help with the planning, i.e. barbecues, holiday dinners, reunions and more. We will reserve our ball room for your entertaining needs and help arrange comfortable accommodations nearby. We'll help you make the most of every occasion.

May I control the temperature in my room?

Yes. Individual controls are conveniently located in each suite.

What security and fire safety features are found in the suites?

All the suites have sprinklers and smoke detectors. We've installed assistance bars in bathrooms and each suite locks individually. Staffs are trained continuously in evacuation procedures and, if evacuation should become necessary, we've made arrangements for immediate temporary shelter.

What services are not included in the Basic Services Package?

Special diets, transportation, ambulance service, guest meals, outside agency skilled care, other professional services, renters insurance, personal supplies, massages and private telephone & television services.

What maintenance costs does my monthly fee cover?

We regularly maintain, repair and replace, if needed, all internal and external property and equipment provided by Lantern. While we generally do not repair or maintain personal property, we will assist in scheduling such service as television repair, or we shall make minor repairs ourselves when possible.

Is there an adjusted rate for sharing a suite with my spouse, friend or relative?

Yes. A lower rate is charged for both you and a second person.

When I move in, what should I bring?

Residents need to bring their basic necessities, bed, toiletries, and seven to 10 days' worth of clothing, including comfortable shoes. It's best to mark the clothing before entering residency. It's important to bring knickknacks or sentimental items to help personalize the room and make you feel more at home.

What is the length of commitment?

There is no long-term commitment. All rent is on a month-to-month basis. A 30 day notice is required before a resident can move out, unless there is a specific change in the resident's health care status that requires a more intense medical regiment.

Are Residents allowed to have Pets?

Residents are allowed to have pets as long as the pets remain in the room and do not cause any disturbance to other residents. Pets below 10-20 lbs. are allowed.

May Residents decorate their own rooms?

The residents' rooms are their home. Furnishing and decorating are the responsibility of the resident and their family, or friends. The director of care and operations, director of community and public relations are available to assist with any logistical concerns. If you have more questions about decoration, don't hesitate to ask!

May I have friends come and visit?

Residents' friends and family are always welcome. If staying for a meal, a reservation is required and there is a nominal charge. Residents are also encouraged to have celebrations or meetings in one of the many common areas. Contact the Director of care and operations or Community Relations Director for more information.

Do you accept Medicaid?

Residents or families generally pay the cost of assisted living from their own financial resources. Some types of health insurance or long-term care insurance may reimburse for all or a portion of the assisted living cost. Residents must qualify financially and physically to be eligible. To find out more information about the Medicaid Program, please contact the Director of care and operations or **Director of Sales and Marketing – (440) 428 2664**.



**We might have slowed down, but we are still
living it up at**

The Lantern of Madison
2041 Hubbard Road, Madison, Ohio



440.428.2664

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